

### **Advocates Inc.**

Psychiatric Emergency Services (PES)  
675 Main Street, Waltham MA 02451  
781.893.2003 - Toll Free 800.540.5806  
Fax: 781.647.0183  
Kellan McNally, LICSW, *Site Director*  
[kmcnally@advocates.org](mailto:kmcnally@advocates.org)

The PES team provides community-based assessments, phone support, consultations, crisis planning, and referrals to individuals of all ages in the greater MetroWest area. These services are offered 24 hours a day/7 days a week. The philosophy of the team is to provide customer friendly, community-based, proactive intervention services to individuals at risk through collaboration with other community agencies, providers, family, and support network.

### **Other Waltham Food Pantries**

#### **Jewish Family and Children's Services**

1430 Main Street, Waltham MA - 781.647.5327  
*By Appointment*

#### **Sacred Heart Church Food Pantry**

309 River Street, Waltham, MA  
781.899.0469  
Thursdays - 4:00 - 5:00 P.M.

#### **Grandma's Pantry**

**Christ Church**  
750 Main Street, Waltham MA  
781.891.6012  
Fridays - 9:00 to 11:00 A.M.



### **ADDITIONAL AREA SHELTERS**

#### **Boston Rescue Mission**

Offer Services to prevent and end homelessness  
The Mission provides basic life necessities such as food and shelter as well as social service programs. The goal is to provide the homeless and poor with support, training and resources necessary to sustain independent living for a lifetime.

39 Kingston Street, Boston MA 02111  
617.338.9000

#### **Salvation Army**

402 Massachusetts Avenue, Cambridge  
617.547.34000

#### **Pine Street Inn**

444 Harrison Avenue, Boston, MA  
617.892.9100

*Need help with drug, alcohol and opiate  
addiction or any mental health issues?*

#### **CALL**

#### **Substance Abuse and Mental Health Services Administration**

1 800.662.4357 or on line at  
[findtreatment.samhsa.gov](http://findtreatment.samhsa.gov)

#### **Mt. Auburn Hospital in Cambridge**

617.499.5051 x4047

#### **Spectrum in Westborough**

1 800.366.7322

#### **St. Elizabeth in Brighton**

617.789.2574

#### **Wicked Sober in Watertown**

855.201.1573

#### **Alcoholics Anonymous**

1 800.839.1686

*for further information call:*

Jerry Kaufman

*Community Policing Program Coordinator*

781.314.3151 or email:

[gkaufman@police.waltham.ma.us](mailto:gkaufman@police.waltham.ma.us)

**NEED FOOD,  
CLOTHING,  
SHELTER?  
LOOK INSIDE  
FOR HELP**



**HOMELLESS  
ASSISTANCE  
COALITION  
WINTER 2016-2017**



## The Community Day Center of Waltham

16 Felton Street  
Carolyn Montalto, Director  
Nina Lordi, Case Manager  
781.392.6311  
[www.communitydaycenter.com](http://www.communitydaycenter.com)



Providing  
Day Shelter  
& Support  
Services  
for the homeless  
and those in need

### The Community Day Center

is a day time shelter which serves homeless and other adults in need. It provides counseling, case management and other services to help stabilize and enhance their lives.

The Day Center offers shelter space with lunch, computers, fax, telephones and television. There are private spaces for services, referrals, reading and resting. The Center is open Monday to Friday from 12:30 PM to 4:30 PM, and on weekends from 9:00 A.M. to 11:00 A.M. From late November to early April, the Center is opened from 7:30 A.M. to 9:00 A.M.

## Chaplains On The Way (COTW)

COTW offers a ministry of presence and spiritual companionship on the street and in the various programs our community gathers: Tues. & Wed. 8am-8pm. Spiritual practices include: Meditation every Wed. at 9 a.m. Labyrinth walk and fellowship the second Wed. of each month both at Christ Church, 750 Main st. Prayer and worship services. Call us at 617.504.6877  
Becky Sheble-Hall,  
Korte Yeo and Tina Walker-Morin,  
*Community Chaplains*



## The Salvation Army

33 Myrtle Street  
Waltham, MA 02453-0557  
781.894.0413  
Fax: 781.893.1903  
Lieutenants Rafael and Thais Viana  
*Communicating Officers and Pastors*



The Salvation Army hosts a drop-in-center called H.O.P.E. Kitchen. Here, people are welcomed to come in for breakfast at 9 A.M. and lunch at 11:30 A.M. to 12:30 P.M., or to warm up on cold days. Additional services include counseling, baked goods, fruits and vegetables distribution daily. At the same place

individuals and families may access our food pantry on a monthly basis and receive food supplies.

The Food Pantry operates from 9:00 A.M. to 1:00 P.M. A caseworker is available weekdays from 9 A.M. to 3 P.M. She will access individual's needs for assistance and provide assistance or referrals case by case.

When necessary, short-term spiritual and/or therapeutic counseling is provided.

For more information or details, please call or email,  
Case Worker - Jenn Schann  
[jenn.schann@use.salvationarmy.org](mailto:jenn.schann@use.salvationarmy.org)

## Bristol Lodge Soup Kitchen

The Kitchen serves a daily hot meal at 5:00 P.M. 365 days a year to those in need at the Immanuel Methodist Church on 545 Moody Street in Waltham  
Mike Hannon, Program Director  
781.883.2050

## Bristol Lodge Men's Shelter

27 Lexington Street  
Waltham MA 02453  
Alina Newman, Intake Worker Case Worker  
Eric Lassar, Case Manager  
Nicole Casse, APD-Case Manager  
Annette Poirier, Program Director  
[apoirier@mlhsainc.org](mailto:apoirier@mlhsainc.org)



Offering 45 beds for homeless men 18 yrs and over. Those seeking emergency shelter can call after 9am-Monday through Fridays/no pre-screens done over the weekend or on holidays - 781.893.0108. Our shelters are self referrals and pre-screens done over the phone the day you are seeking shelter. This is a dry shelter meaning you need to be clean from drugs of alcohol. We can give you numbers of wet shelters if needed.

## Bristol Lodge Women's Shelter

Alina Newman, Intake Worker Case Worker  
Eric Lassar, Case Manager  
Nicole Casse, APD-Case Manager  
Annette Poirier, Program Director  
[apoirier@mlhsainc.org](mailto:apoirier@mlhsainc.org)  
781.894.1225 (evenings only) 781.893.0108 (days only)  
Offering 12 beds for homeless women 18 yrs and over.



Those seeking shelter should call 781.893.0108 after 9:00 am Monday through Fridays/no pre-screens done over the weekends or on holidays.  
Our shelters are self referrals and pre-screens done over the phone the day you are seeking shelter. This is a dry shelter meaning individual needs to be clean from drugs and alcohol. We can give you numbers of wet shelters if needed.

## The Immanuel Methodist Church

545 Moody Street in Waltham will be offering a Clothing Exchange with hours from 9:00 A.M. to 1:00 P.M. on Wednesdays as well as a Food Pantry on Wednesdays from 9:00 A.M. to 11:00 A.M.

## Spectrum Health Care Systems, Inc.

210 Bear Hill Road, Waltham, MA 02452  
Nicole Desjardins, LMHC, Clinical Supervisor  
Jaime O'Neil, Program Director  
[jaimo.ozel@spectrumhealthsystems.org](mailto:jaimo.ozel@spectrumhealthsystems.org)  
Outpatient Treatment Center:  
781.290.4970 x3252 or x3254  
Intake Department: 800.464.9555 x 1161

### Spectrum's Outpatient Treatment Center

provides medication assisted opioid treatment, offering Same Day Admissions most Tuesdays at 10:00 a.m. Those seeking treatment may call the treatment center or Spectrum's intake department for guidance on when to go and what to bring.

Additionally, the treatment center offers substance abuse counseling and mental health counseling, and these intakes may be scheduled in advance by contacting Spectrum's intake department.

## Healthcare for Homeless Veterans

Walk-in homeless clinic  
Monday through Friday, 10:00 a.m.-11:00 a.m.  
Building 7, room 207 B - 24 hour homeless call center  
(877) 4AID-VET (877) 424-3838  
Bedford VA Medical Center - 200 Springs Road,  
Bedford, MA 01730  
Tim Driscoll, LICSW, Manager  
Cell: 781.879.6186  
Office: 781.687.2733  
E-mail: [Timothy.Driscoll2@va.gov](mailto:Timothy.Driscoll2@va.gov)